

## SAN DIEGO COUNTY COWBELLES

# LEGISLATIVE REPORT

January 2020 - Rowlynda Moretti

## New Laws for 2020

### AB 5

Gig economy workers: AB 5 requires independent or contract workers to be considered employees and not independent workers if the employer controls the work, if the work is part of the company's core business, or if the employer directs the worker in their job.

### Minimum Wage

The wage rises \$11 to \$12 an hour in California for companies with 25 or fewer employees and \$13 an hour for larger companies.

### AB 1482 - Rent Control

California communities without rent control will now be covered by statewide rent control protections. Rent increases will be limited to 5 percent per year plus inflation and never more than 10 percent total. The state law won't apply to housing built within the last 15 years.

[Click Here To View Other Laws](#)

## USDA Animal-Raising Labeling Guidelines

The USDA has issued revised guidance on meat and poultry labels that bear animal raising claims such as 'raised without antibiotics', 'organic', 'grass fed', or 'raised without the use of hormones'. The purpose of the compliance guideline is to outline the documentation that establishments need to submit in support of label applications for products that bear animal raising claims. The information in the guideline is provided as guidance to assist meat and poultry establishments and is not legally binding from a regulatory perspective.

The following are examples of animal raising claims that are required to be approved by FSIS prior to use in commerce:

- Raised Without Antibiotics
- Organic
- Grass Fed
- Raised Without Hormones
- Breed Claims
- Animal Welfare & Environmental Stewardship Claims

[Read the Food Safety and Inspection Service Labeling Guideline on Documentation Needed to Substantiate Animal Raising Claims for Label Submissions Here.](#)

## USMCA

U.S. House of Representatives overwhelmingly approved the U.S.-Mexico-Canada Agreement (USMCA) and it is now headed to the U.S. Senate.

[Hear More About This Bill Here](#)

## Kaiser Permanente doctor advises you pass on the plant-based meats

**Trend:** Plant-based meats are popping up everywhere. They're now available in restaurants, fast food chains, and grocery stores. So, what is it? Plant-based meats are made from plants but are meant to taste (and look) like meat. They're targeted at meat-eaters — not just vegetarians.

**The facts:** Meatless meats are high in salt and saturated fat. "Plant-based meats have almost 4 times the salt as beef does, and essentially the same amount of saturated fat as you would find in beef," says Dr. Hashmi. "It's also a highly processed food where chemicals are used to extract the protein, which is a huge concern." These fake meats aren't a good nutrient source. Meatless meat lacks the fiber you would get from simply eating real plants.

**Verdict:** Pass on the plant-based meats. "I wouldn't jump on this bandwagon," Dr. Hashmi says. If you want to eat less meat, he suggests eating plant-based whole foods like vegetables, fruits, and legumes. Plus, there's no data on the long-term effects of these artificial meats — and there won't be any useful data for another 4 to 5 years.

[Read The Full Article Here](#)

## Farm Bill Accomplishments

In December 2018, President Trump signed the Agriculture Improvement Act of 2018 (also known as the Farm Bill) into law. USDA has compiled a summary of the Farm Bill implementation accomplishments to date, which include commodity programs, conservation, trade, nutrition, credit, rural development, research and related matters, forestry, horticulture, crop insurance and miscellaneous.

[Read the Farm Bill List Of Top Accomplishments Over the Past Year Here](#)

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